

Fernando Enrique Hernández, MD

Miami Sports Medicine
8940 North Kendall Drive, Suite 101-E
Miami, FL 33176
Phone: (305) 275-5677
Fax: (305) 275-6560
Email: fhernandez@miamisportsmed.com

EDUCATION

Texas Tech University Health Sciences Center, Lubbock, TX *Class of 2018*

- Sports Medicine Fellow (July 1, 2017 - June 30, 2018)

Bronx Lebanon Hospital Center, Dept. of Family Medicine, Bronx, NY *Class of 2017*

- Resident Physician (July 1, 2014 - June 30, 2017)
- Chief Resident (July 1, 2016 - June 30, 2017)

Universidad Central del Caribe School of Medicine, Bayamon, PR *Class of 2012*

- M.D. degree (August 1, 2007 - June 2, 2012)

University of Miami, Coral Gables, FL *Class of 2007*

- Bachelors of Science in Biology (August 1, 2003 - May 11, 2007)

Belen Jesuit Preparatory School, Miami, FL *Class of 2003*

LICENSURE

State of Florida Department of Health, Medical Doctor *2016*

Texas Medical Board, Physician Full Permit *2017*

CERTIFICATIONS

Advanced Trauma Life Support (Active) *2018*

American Board of Family Medicine (Active) *2017*

Basic Life Support (Active) *2010*

Advanced Cardiovascular Life Support (Active) *2010*

Pediatric Advanced Life Support (Active) *2010*

AFFILIATIONS

American Academy of Family Physicians, Fellow	2014
American Medical Society for Sports Medicine, Fellow	2017
Team Physician – Texas Tech University	2017-2018
Team Physician – Lubbock Christian University	2017-2018
Performing Arts Medicine Association, Fellow	2019

RESEARCH PRESENTATIONS

AMSSM 2018 Annual Meeting, Lake Buenvista, FL	2018
<ul style="list-style-type: none">- Type: Poster Presentation- Date: April 26, 2018- Title: “Often Forgotten Ossicles”	
NYSAFP 2016 Winter Weekend Conference, Lake Placid, NY	2016
<ul style="list-style-type: none">- Type: Presenter to the General Assembly- Organization: New York State Academy of Family Physicians (NYSAFP)- Presentation: Physician Burnout and Resiliency- Date: January 23, 2016	
American Heart Association Scientific Session, Dallas, TX	2013
<ul style="list-style-type: none">- Type: Poster Presentation- Date: Wednesday, November 20, 2013- Title: “Serum Uric Acid is Related to Atrial Fibrillation”	
ACC.13 - American College of Cardiology’s 62nd Annual Scientific Session	2013
<ul style="list-style-type: none">- Type: Poster Presentation- Date: Monday, March 11, 2013- Title: “Allopurinol Decreases the Incidence of Atrial Fibrillation in Heart Failure Patients”- Media Interview: http://www.empr.com/in-patients-with-heart-failure-allopurinol-reduces-incidence-of-atrial-fibrillation/article/283904/	

PUBLICATIONS

Tamariz L, Hernandez F, Bush A, Palacio A, Hare JM.. *Association between serum uric acid and atrial fibrillation: a systematic review and meta-analysis*. Heart Rhythm. 2014, Apr; Volume 11(Issue 7): 1102–1108. Cited in PubMed; PMID: 24709288. Pub Status: Published.

RESEARCH EXPERIENCE

Larkin Community Hospital, Miami, FL

October 2012 – June 2014

- Title: Clinical Research Coordinator
- Supervisor: Sirish Mulpura MD, MPH
- Taught residents the fundamentals of medical research, helping develop a mentor/mentee relationship between the residents and attendings at Larkin
- Assisted residents in hypothesis development, trouble-shooting and developing their research
- Certified that all research done was on par with ACGME and AOA required program criteria

Miami VA Healthcare System, Miami, FL

June 2012 – June 2014

- Title: Research Associate
- Supervisor: Leonardo Tamariz, MD
- Investigated the effects and benefits of Allopurinol on the survival rates of patients with chronic atrial fibrillation and congestive heart failure
- Investigated potential correlations between the administration of supplemental vitamin D and improved contractility in patients with congestive heart failure

University of Miami Miller SOM, Dept. of Medicine, Miami, FL

June 2012 – June 2014

- Title: Research Associate
- Supervisor: Ana M. Palacio, MD
- Investigated the adherence and outcomes of diabetic minority patients who received their medications via an automated medication dispensary
- Investigated trends in the abrupt discontinuation of statin medications in minority patients

Miami Hand Center, Research and Development Laboratory, Miami, FL *August 2005 – July 2007*

- Title: Research Assistant
- Supervisor: Jorge Orbay-Cerrato, M.D.
- Collected and processed data in post-operative patients with the DVR Anatomic Volar Plating System
- Assisted in the interpretation of perioperative diagnostic imaging
- Produced and edited multiple intraoperative images of the surgical placement of DVR plates in patients

LEADERSHIP EXPERIENCE

BLHC Department of Family Medicine, Bronx, NY,

2016 – 2017

- Title: Chief Resident
- Supervisor: Jose Tiburcio, MD
- Worked to enhance communication between the resident staff, the attending faculty, and the technical, administrative, and clerical staffs
- Functioned as an advocate for the resident staff and promoted resident interests in conjunction with program needs and functions

NYSAFP Leadership Council, Albany, NY

2016 – 2017

- Title: Council Member
- Organization: New York State Academy of Family Physicians (NYSAFP)
- Supervisor: Russell Perry, MD
- Served as a member on the leadership council and voted on policy implemented at local and state level

BLHC Hospital Wide Quality Assurance and Performance Improvement Meeting

2015

- Title: Department of Family Medicine Resident Representative
- Presentation: “Pain Management Assessment and Reassessment in the Inpatient Setting”
- Evaluated and expanded on the national standards of inpatient pain assessment during a hospital admission
- Implemented new strategies to ensure that every patient's pain was evaluated, documented, assessed, reassessed and managed in a timely fashion.

2015 AAFP National Conference, Kansas City, MO

July 2015

- Title: New York Chapter Delegate to AAFP National Conference (elected position)
- Organization: New York State Academy of Family Physicians (NYSAFP)
- Elected to represent the entirety of family medicine residents in the state of New York, and wielded their collective voting power at the 2015 AAFP National Conference
- Participated in the conception and implementation of policy at both the state and national levels

Root Cause Analysis Committee at Bronx Lebanon Hospital, Bronx, NY

2014 – 2015

- Title: Co-Chairman (elected position)
- Supervisor: Sindhaghatta Venkatram, MD
- Lead a team of residents from various departments in the analysis of a negative patient outcome, and proposal of a novel strategy to prevent potentially adverse medical events

Bronx Westchester Academy of Family Physicians (BWAFP), Bronx, NY

2014 – 2017

- Title: Resident Representative
- Supervisor: Douglas Reich, MD
- Represented the family medicine residents of the Bronx and Westchester County at the yearly New York State Academy of Family Physicians (NYSAFP) Summer Congress in Albany, NY

International Medical Organization, San Juan, PR

2009 – 2012

- Title: Health Fair Coordinator
- Responsible for organizing multiple health fairs throughout the San Juan metro area. The objective of this organization is to provide free medical services along with information to

educate the community and increase interest in self-care and awareness of the most common medical conditions that are present in the Puerto Rican community.

Internal Medicine Group Leader, San Juan, PR

Fall 2010

- Attending Physician: Dr. Vivianne Vargas-Diaz, M.D.
- Served as a liaison and coordinator between the VA Caribbean Healthcare System and the Universidad Central del Caribe medical staff and students.

VOLUNTEER EXPERIENCE

Family Recovery Specialists, PA, Miami, FL

2013 - 2014

- Title: Medical Consultant
- Led workshops on various subjects such as the “long term effects of drug abuse”, “acute care of patients under the influence”, and a “crash course” on illicit drugs for parents

Belen Youth Missions, Miami, FL

2001 – present

- Title: Builder and Medical Volunteer
- Attended yearly trips to the Dominican Republic to serve rural, impoverished communities.
- Initially worked as a member of the builder’s team which built multiple structures such as bridges and aqueducts
- Upon admission to medical school, became a medical volunteer assisting in the clinic that accompanied the builder’s team

Miami Children’s Hospital, Miami, FL

2003 – 2007

- Title: Volunteer
- Entertained and cared for children pre- and post-operatively at the request of their parents

SKILLS / INTERESTS

Language Proficiency:

- Native/Functional Speaker in both Spanish and English

Computer:

- Proficient in personal computers, Microsoft Office (Word, Excel, PowerPoint, Outlook), and Adobe Photoshop

Interests:

- Boating, Tournament Fishing, Free Diving, Scuba Diving, Snorkeling
- Archery
- Tae-Kwon-Do (1st Degree Black Belt under Jhoon Ree system)
- Muay Thai Boxing

